



MENU

LIMESTONE MIDDLE SCHOOL

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JANUARY
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No school 0	No school 00	No school 01	No school 02	No school 03
No school 06	Cheese quesadilla Chips/ salsa Refried beans Sour cream pineapple 07	Chicken nuggets Fries Carrots/dip Apple slices 08	Cheeseburger Green beans Chips Grapes Cookie 09	Bosco sticks Marinara sauce Salad Mixed fruit 10
Sausage pancake breakfast sandwich Tri-tater juice 13	Nacho chips Beef/cheese Rice Sour cream peaches 14	Soup Salad Breadsticks Oreo cookie Apple slices 15	Corn dog Baked beans Carrots/dip Goldfish Apple crisp 16	Pizza Salad Icee 17
No School 20	Tangerine chicken Fried rice Fortune cookie Egg roll Pineapple 21	Grilled cheese Tomato soup Crackers Carrots/ dip Apple slices 22	Chicken tenders Buttered noodles Peas grapes 23	Pizza crunchers Salad Rice crispy Tropical fruit 24
Bagel and cream cheese Donut holes Bacon Tri-tater Juice 27	Mac and cheese Garlic bread Green beans Mandarina oranges 28	Hot dog Baked beans Chips Carrots/dip Apple slice 29	Chicken patty Vegetable medley Pickle Goldfish Pears 30	Pizza Salad Tomato Apple sauce 31

Menu subject to
 change
 Full lunch price-
 \$3.00
 Reduced lunch
 price \$.40
 Milk \$.50

Welcome back from Christmas break.



Some foods that are good to eat in January
 include carrots, citrus fruits, hardy greens,
 kale, pomegranate, potatoes, sweet potatoes, and
 winter squash

