

August 2016

SUN	MON	TUE	WED	THR	FRI	SAT
	1 Optional Workout 6:00-7:00 @ Limestone Park	2 Optional Workout 6:00-7:00 @ Limestone Park	3	4 Optional Workout 6:00-7:00 @ Limestone Park	5	6
7	8 Optional Workout 6:00-7:00 @ Limestone Park	9 Optional Workout 6:00-7:00 @ Limestone Park	10 Optional Workout 6:00-7:00 @ Limestone Park	11 No Workout Preview Night @LMS	12	13
14	15	16 1st Day of School NO PRACTICE	17 1st Official Practice 3:20-5:00 @ LMS	18 Practice 3:20-5:00	19 Practice 3:20-4:45	20 AWAY 9:00 Beecher Invite @ KCC
21	22 Practice 3:20-5:00	23 Practice 3:20-5:00	24 Practice 3:20-5:00	25 Practice 3:20-5:00	26 Parent Mtg Practice 3:20-4:45 Parent Mtg to Follow	27
28	29 Practice 3:20-5:00	30 AWAY 4:15 IW/CC/BMCJHS @ KCC	31 No Practice			

TIGERS X-C





September 2016

SUN	MON	TUE	WED	THR	FRI	SAT
TIGERS X-C				1 Practice 3:20-5:00	2 Practice 3:20-4:45	3
4	5 Labor Day NO School No Practice	6 AWAY @ BUGC 4:00	7 Practice 3:20-5:00	8 HOME Nash 4:00	9 Practice 3:20-4:45	10 AWAY St. George Invite
11	12 HOME I.W. & G-SW/ BMCJHS 4:00	13 AWAY Pontiac 4:00	14 Practice 3:20-5:00	15 AWAY Nash 4:00	16 Practice 3:20-4:45	17
18	19 AWAY @ Beecher 4:30	20 AWAY @ St. George/ Peotone 4:15	21 Recovery Day No Practice	22 HOME BUGC St. George 4:00	23 Practice 3:20-4:45	24 AWAY BMCJHS Invite @ KCC 9:00
25	26 HOME Beecher & Peotone 4:00	27 AWAY @ Iroquois West 4:00	28 Practice 3:20-5:00	29 AWAY @ Summit Hill 4:00	30 Practice 3:20-4:45	

October 2016



SUN	MON	TUE	WED	THR	FRI	SAT
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2	3 HOME Pontiac 4:00	4 Practice 3:20-5:00 Sectional Runners	5 Practice 3:20-5:00 Sectional Runners	6 No School P/T Conference a.m. practice Sectional Runners	7 No School P/T Conference a.m. practice Sectional Runners	8 Class AA Sectional G Location: PBL Time: TBA
9	10 Columbus Day No School No Practice	11 Practice 3:30-4:30 State Qualifiers	12 Practice 3:30-4:30 State Qualifiers	13 Practice 3:30-4:30 State Qualifiers	14 Practice 3:30-4:30 State Qualifiers	15 Class AA State Finals @ Maxwell Park Normal, IL
16	17	18	19	20	21	22
23	24	25	26	27	28	29

TIGERS X-C